



# CATTARAUGUS COUNTY BOARD OF HEALTH

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**Public Health**  
Prevent. Promote. Protect.  
Cattaraugus County  
Health Department  
Established 1923

*Joseph Bohan, MD, President*

*Giles Hamlin, MD, Vice-President*

*Zahid Chohan, MD*

*Sondra Fox, RN*

*Richard Haberer*

*Theresa Raftis*

*David L. Smith, Mayor*

*James Snyder, Legislator*

*Kathryn Cooney Thrush, NP, MSN*

## MINUTES September 5, 2018

The 868<sup>th</sup> meeting of the Cattaraugus County Board of Health was held at The Point Restaurant, 800 East State Street, Olean, New York on September 5, 2018.

The following members were present:

Joseph Bohan, MD

Zahid Chohan, MD

Giles Hamlin, MD

Sondra Fox, RN

Richard Haberer

Theresa Raftis

Mayor David Smith

James Snyder Sr., Legislator Chair

Kathryn Cooney Thrush, NP, MSN

Also present were:

Kevin D. Watkins, MD, MPH, Public Health Director

Katie Connors, Healthy Community Alliance, Guest Speaker

Kate Huber, Guest Speaker

Wendy Peterson, Assistant County Attorney

Paul Schwach, MD, Clinical Physician

Donna Vickman, Legislator

Dr. Gilbert Witte, Medical Director

Raymond Jordan, Sr. Public Health Sanitarian

Debra Lacher, Secretary to Public Health Director

Colette Lulay-Pound, Administrative Officer

Lynne Moore, Director of Patient Services

Dave Porter, Hearing Officer

Eric Wohlers, Environmental Health Director

The meeting was called to order by Dr. Joseph Bohan. The roll was called and a quorum declared. Mr. Haberer made a motion to approve the minutes of the Board of Health (BOH) meeting held on August 10, 2018, it was seconded by Theresa Raftis and the motion was unanimously approved.

Dr. Bohan introduced guest speakers Katie Connors, a Community Wellness Coordinator at Healthy Community Alliance and Kate Huber, coordinator of the Creating Healthy Schools and Communities Program at Erie 1 BOCES. Dr. Bohan stated that the guest will be sharing information regarding a five year New York State grant aimed at reducing obesity and other chronic diseases.

Kate Huber commended Cattaraugus County Health Department for their networking and collaborating with community partners. She stated that Creating Healthy Schools and Communities is a five-year (2015-2020) public health initiative to reduce major risk factors of obesity, diabetes, and other chronic diseases in (5) school districts in Cattaraugus County and the communities that surround them. Those school districts and communities include Franklinville, Salamanca, Gowanda, Pioneer, and Randolph.

She stated that in the past Cattaraugus County Health Department has worked on various initiatives for schools and community wellness and the Creating Healthy Schools and Communities grant is an extension of the Health Department's grant allowing them to work directly with the schools on increasing physical activities in the classrooms, in addition to creating healthy meeting and vending machine policies and fundraising that excludes candy bar sales and replacing it with healthy snack sales. Katie Connors is the community coordinator, her main task is to do worksite wellness, healthy libraries, and creating community policies.

Katie Connors provided handouts to those in attendance, the first handout was a Creating Healthy Schools and Communities pamphlet which gave an overview of their program. A second handout titled "Promoting Health in Our Communities" is an overview of what their program have been working on over the last three years. The certified healthy corner store initiative is something that has been happening in a lot of urban areas for quite a while but it is now something that they have been able to bring to smaller rural areas like Cattaraugus County. There are (5) certified healthy corner stores in the area. Basically this means the stores took initiative to make healthy changes such as adding whole wheat options, low fat milk products, fresh fruits and veggies, lower sodium products, and stocking bottled water. A store must choose (3) of those (6) items to be certified as a healthy corner store. In exchange for this agreement the program provides the store with a cooler, baskets, and technical support to teach them what to buy, and when to buy the products.

She stated that her work with the libraries, started in Franklinville. The director there had toddler bags which were created for children ages 2-5. They worked together to create nutrition and physical activities pamphlets to place in the bags. Six of nine libraries that are in Cattaraugus County are now part of this initiative. An additional grant is being written specifically by Healthy Community Alliance that will allow those toddler bags to be distributed throughout the entire Cattaraugus-Chautauqua library system.

Ms. Connors shared that she has been working with work-sites to try and get healthy meeting and vending machine policies, and physical activity policies within their administrative manuals. She asked the Board how they could work together to get the message out about the importance of having a healthy meeting policies. Currently, the Health Department have (14) agencies across the county who have already passed healthy meeting policies, and her program has added another (8). One thought is creating a public service announcement that says something as simple as have you heard about a healthy meeting policy. This message coming from the Health Department instead of a grant funded source, would carry more weight. A healthy vending machine policy can start out with better placement of healthier options at eye level. Highlighting items that are a healthy choice to bring attention to them. The healthy meeting policy would be simple. It would just state that with your muffins you would also serve a healthy option such as fruit, or instead of serving donuts serve donut holes as a smaller portion, and always have water available at meetings. One of the grants last initiative was to work with Allegany Soccer Inc., who has changed their concession stand to serve water, and more than 90% of their food items to healthy options.

Dr. Bohan asked if they have been met with a lot of resistance from the corner stores, and if they have ever had to remove their furnishings. Katie responded that they have not had to remove any. Mayor Smith added that in Gowanda they have had a success story due to the work of Kate Huber who helped them rewrite their entire health and wellness policy. He stated that Gowanda school changed the type of meals they served in the cafeteria, they changed the items sold in the vending machines, pizza and wing parties became rewards, they changed pop machines in the faculty rooms, changed the concession stands to 50% healthy options. The vending machines, and the concession stands make more money than ever before. Dr. Bohan asked who gave the school the most opposition teachers or students. Mayor Smith responded the teachers by far. Dr. Chohan commended them on their initiatives. Legislator Snyder asked if there was anyway they could measure what effect on obesity they are achieving. Kate responded that in year four of the grant they will access and gather the data from schools. In year five they will analyze that data to see what adjustments if any they will need to make.

**DIRECTORS REPORT:** Dr. Watkins thanked Kate and Katie for the work they have put into revitalizing schools and communities within Cattaraugus County. They have made significant inroads in the implementation of these wellness policies, we applaud their work in our community. Gowanda continues to be a beacon of light on how things should be done. A collaboration with the Healthy Livable Community Consortium and the Health Department would be ideal and there may be ways to sustain and expand these projects throughout the County.

Dr. Watkins stated that three years ago the Board approved the department's policies and procedures, and every three years the department must review those policies and procedures to see if any updates are needed and to have all policies and procedures approved by the Board. He stated that each Board member was provided a copy of all the department's policies and procedures on a flash drive for their review. He asked Dr. Bohan if he would entertain a motion to have the Board approve the following policies and procedures: Administration, Homecare, Family Planning, Clinic and General Clinic, Lead Poisoning, Environmental Health, Early Intervention, Children with Special Health Care Needs, Physically Handicapped Children's Programs, Women, Infant and Children, Public Health Emergency Preparedness, and Laboratory. A motion to approve the aforementioned policies and procedures was made by Mayor Smith, seconded by Dr. Hamlin, and unanimously approved.

A packet was handed out to those in attendance which included handouts for the meeting discussion. Dr. Watkins stated that the overall influenza vaccine effectiveness for the 2017-2018 influenza season for both influenza A and B was estimated to be about 40%. This means that the 2017-2018 influenza vaccine reduced a person's overall risk to having to seek medical care for influenza was 40%. However the protection by virus type, and subtype was: 25% against Influenza A (H3N2), 65% against Influenza A (H1N1) and 49% against influenza B viruses.

The Advisory Committee on Immunization Practices (ACIP) recommended that the trivalent components for the influenza vaccine for the 2018-2019 influenza season contain the following three influenza virus strains:

- Influenza A/Michigan/45/2015 (H1N1) pdm09-like virus
- Influenza A/Singapore/INFIMH-16-0019/2016 (H3N2)-like virus\*\*
- Influenza B/Colorado/06/2017-like virus (B/Victoria lineage)\*\*

The committee also recommended that the quadrivalent influenza vaccine contain the above three influenza virus strains and the following additional Influenza B strain:

- Influenza B/Phuket/3073/2013-like virus (B/Yamagata lineage)

It appears that the Influenza A (H3N2) \*\* and one of the Influenza B\*\* virus strains have changed in the 2018-2019 influenza vaccine components compared to the 2017-2018 influenza vaccine components.

The advisory committee also recommended that this year, providers can use the intranasal vaccine (FluMist), which in the past two influenza seasons, the committee recommended against its use. This change in recommendation is due to the changes that have been made in the components of the 2018-2019 vaccine. Individuals who have an allergy to eggs, the recommendation is that they can receive any licensed recommended age appropriate influenza vaccine. There will be no post vaccination observation required, but it is advised that a provider actually observe a patient for at least 15 minutes after the vaccination to decrease the risk of injury secondary to a syncope episode. Pregnant women can be given any licensed age appropriate vaccine except for the live attenuated quadrivalent vaccine (i.e. FluMist).

Getting vaccination does not guarantee a person from coming down with the flu but if they are vaccinated the disease will likely be much milder. The department will begin their influenza vaccine clinics starting September 27, 2018 and a copy of this schedule was distributed to those in attendance.

Dr. Watkins stated that at the last BOH meeting the Board voted to require vendors to have a detailed Hazard Analysis and Critical Control Point plan (HACCP), or a safety plan prior to the health department issuing a permit to any vendor using liquid nitrogen. Most New York counties have now restricted the sale, or require a safety plan in order to sell the novelty treat called Dragon's Breath in New York. On August 31, 2018 the FDA came out with a warning about the novelty treat called Dragon's Breath. A copy of the FDA warning was provided to all those in attendance. The FDA warned that liquid nitrogen, although non-toxic, can cause severe damage to skin and internal organs if mishandled or accidentally ingested due to the extremely low temperatures it can maintain. Inhaling the vapor released by a food or drink prepared by adding liquid nitrogen immediately before consumption may also cause breathing difficulty, especially among individuals with asthma. This safety alert advises consumers to avoid eating, drinking, or handling foods prepared using liquid nitrogen at point of sale and immediately before consumption, due to risk of injury.

Dr. Watkins stated that at the last BOH meeting the Board asked him to prepare a correspondence to Governor Cuomo to inform his administration, that the Board could not support the fast pace legislation to legalize regulated marijuana due to its potential negative impact on Cattaraugus County residents. The letter was distributed to everyone in attendance, and Dr. Watkins read it in its entirety. Dr. Bohan gave credit to Dr. Watkins for his research and for drafting this letter. Dr. Bohan suggested one change in the last paragraph of the letter. Legislator Snyder suggested copies of this letter be sent to the County legislators, NYSAC, NYSACHO, local media, Senator Kathy Young, Assemblyman Joe Gigilio, Commissioner Howard Zucker, and school board associations.

The department is in preparation for its 2019 budget, there is a strong possibility that the department will have to stay within the allotted 2% cap. The department will do its best to maintain that request.

**NURSING DIVISION REPORT:** Mrs. Moore reported that the homecare census currently has (275) patients.



There was (106) admissions last month but only (49) of those were new referrals, the rest were re-admissions. Dr. Bohan asked what the census was one to five years ago Mrs. Moore responded at the beginning of the year the department averaged (150-175) admissions a month.

Legislator Snyder asked if Kaleida Health owned the Visiting Nurses Association, the response was yes. A discussion ensued and it was decided to invite Tim Finan, Chief Executive Officer Upper Allegheny Health System to the next Board of Health meeting.

Mrs. Moore reported that the Lead program is currently following (35) children, (10) new children were admitted to the program (2) came from outside the County one had an elevated blood lead level of (44ug/dl), normal (< 5ug/dl), which is now down to (26ug/dl) and the other child had a elevated blood lead level of (32ug/dl) now down to (22ug/dl). The Lead program have attended Women Infant and Children (WIC) clinics in Salamanca, Franklinville, and Gowanda. The lead coalition meeting was held on August 23, 2018, representatives from NYS Department of Health Western Region, as well as others around the county attended. The coalition is planning an Environmental Protection Agency (EPA) certified lead safety course in October through Cornell University.

In communicable diseases in August there were (1) case of Lyme Disease. There was (1) case of Giardia, (1) case of Cryptosporidiosis, (1) case of Amebiasis, and (1) case of Legionella.

STDs, there were (24) cases of Chlamydia, (7) cases of Gonorrhea, and (4) with both Chlamydia and Gonorrhea. Hepatitis C and HIV testing were conducted and all results were negative.

It has been a busy month for rabies, in August the department had (31) Rabies Post-Exposure Prophylaxis vaccine cases and most of them were bat related. Environmental Health sent out (43) bats in the month of August for testing, and (2) came back positive. This weekend there were (5) new bat exposures, and those individuals will start with their post exposures prophylaxis vaccine this week.

**ENVIRONMENTAL HEALTH DIVISION REPORT:** Mr. Wohlers reported that the fall rabies clinics schedule has been set for the following dates: Thursday, September 6, 2018 at the Markham Highway Barn, Tuesday, September 11, 2018 at West Valley Highway Barn, and on Thursday, September 13<sup>th</sup> at the Allegany Highway Barn. Dozens of bat specimens were sent for rabies testing in August.

One mosquito pools collected at the end of July, was positive for West Nile Virus, and a second pool tested positive for West Nile virus in August as well.

In August staff participated in a NYS on-site waste water training network class. The water resource specialist attended a national EPA conference on public drinking water. Staff will attend the regional state health department water supply meeting this month, and next month Mr. Wohlers will attend the NYS Conference of Environmental Health Directors meeting. There will be a regional lead paint workshop, and the department will host the annual water training operator's association meeting.

Mr. Wohlers stated that the department will be sending out a reminder letter to all medium and high risk food establishments, who have yet to complete a Certified Food Protection Manager Training Course as there is less than ninety days before the deadline of December 1, 2018.

Dr. Witte asked if the Health Department was involved in testing of the Allegany River after the sewage spill from the City sewage plant. Mr. Wohlers responded that they did not test the river but there is a new State Right to Know Law that went into effect a few years ago, and now it is more publicized. The department did meet with the Mayor of Olean, and suggested that they put up signs near the kayak launching areas on the Allegany River whenever an event of this nature happens suggesting people stay out of the river for 24 hours.

**Enforcement Report:** Mr. Porter reported there were no enforcement cases for this month.

Dr. Watkins reported that at the last Board of Health meeting a discussion was held regarding Docket #18-020, Karen Gayton. The respondent had to repair or replace the inadequate waste water that was discharging on to the grounds of her mobile home, and if she was not in compliance by August 31, 2018 that the home be placarded. In addition, there was a recommendation by the Board to assess Ms. Gayton a \$75.00 fine, also to be paid by August 31, 2018. Dr. Watkins stated that the department has worked with the tenants of that mobile home and they have moved to temporary housing. Therefore, the department is recommending that the BOH modified the original order and rescind the fine in order that the department can close the case. A motion was made by Dr. Hamlin to accept this recommendation, seconded by Ms. Raftis, and unanimously approved.

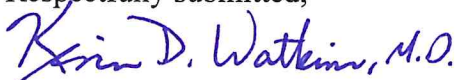
The second case for discussion was the Super Great Wall restaurant, Docket # 18-011 and #18-014. The Super Great Wall has had multiple repeat violations and the department has completed the (3) additional inspections, prior to the September 30, 2018 deadline as requested by the BOH. The initial order by the BOH required a manager/employee (with supervisory responsibilities) to complete a Certified Food Managers Training course and pass an exam.

The department has been working to make sure that a Chinese interpreter is available to administer and proctor the exam. The department has just acquired an individual for this purpose and due to the shortness of time, the department is asking the Board to consider modifying the BOH order to extend the required date to take the course and pass the exam from September 30, 2018 to November 30, 2018.

Dr. Watkins added that there was a recent inspection and the inspection did show that there were critical violations identified but they were corrected immediately, the inspector has noted on the report that the facility seems to have undergone much improvement but still some areas which need to be addressed. A motion was made by Sondra Fox to accept the recommendation for an extension until November 30, 2018, the motion was seconded by Mayor Smith, and unanimously approved.

There being no further business to discuss, a motion to adjourn was made by Dr. Chohan, and seconded by Dr. Hamlin, and unanimously approved.

Respectfully submitted,



Kevin D. Watkins, M.D., M.P.H.  
Secretary to the Board of Health



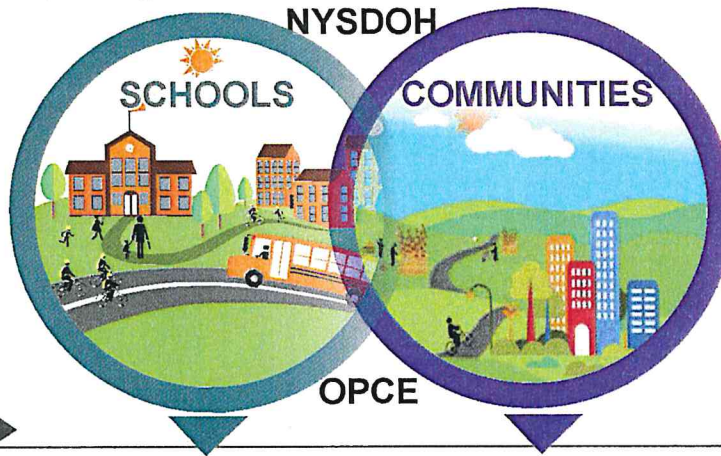


# Creating Healthy Schools and Communities

For More Information:  
Katie Connors, Community  
Wellness Coordinator  
connorsk@hcanetwork.org

## 1 INITIATIVE

Creating Healthy Schools and Communities (CHSC) is a five-year (2015-2020) public health initiative to reduce major risk factors of obesity, diabetes, and other chronic diseases in 85 high-need school districts and associated communities statewide. The New York State Department of Health (NYSDOH) provides grant funding to local organizations and county health departments. The goal is to implement multi-component evidence-based policies, place-based strategies, and promising practices to increase demand for and access to healthy, affordable foods and opportunities for daily physical activity for all New Yorkers. The Obesity Prevention Center for Excellence (OPCE), led by JSI Research & Training Institute, Inc. (JSI) strengthens the CHSC Initiative's collective impact by providing technical assistance, training, resources, and a network to collaborate.

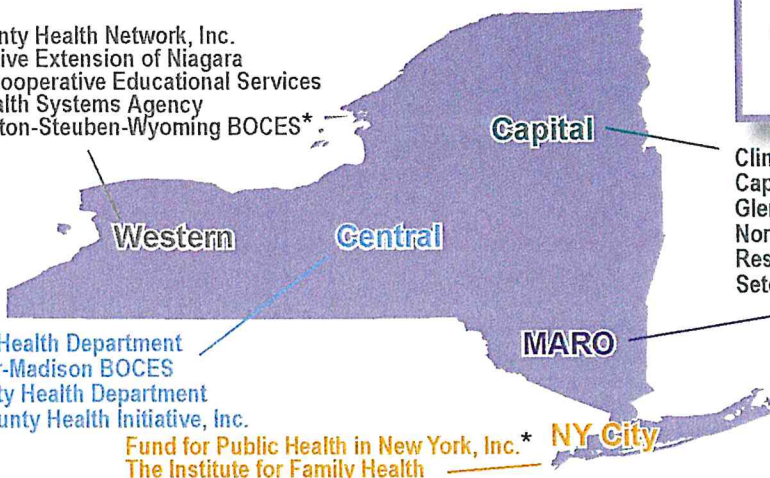


## 6 STRATEGIES

1. Revise, implement, and assess local wellness policies to improve the school environment.
2. Establish Comprehensive School Physical Activity Programs (CSPAP).
3. Increase access to healthy, affordable foods and increase school districts' ability to meet federal Healthy, Hunger-Free Kids Act of 2010 nutrition standards for foods sold outside of school meals.
4. Increase access to healthy, affordable foods in communities.
5. Increase adoption and use of food standards and procurement policies that increase healthy foods in community sites and settings.
6. Adopt and implement Complete Streets policies, plans, and practices to increase access to opportunities to walk, bike, and roll.

## 26 GRANTEES

Chautauqua County Health Network, Inc.  
Cornell Cooperative Extension of Niagara  
Erie 1 Board of Cooperative Educational Services  
Finger Lakes Health Systems Agency  
Genesee-Livingston-Steuben-Wyoming BOCES\*



Broome County Health Department  
Oneida-Herkimer-Madison BOCES  
Onondaga County Health Department  
St. Lawrence County Health Initiative, Inc.

Fund for Public Health in New York, Inc.\*  
The Institute for Family Health

With grant funding, JSI<sup>^</sup> and its partners (Alliance for a Healthier Generation, PedNet, University of Rochester, and Sasaki Associates) support the 25 grantees and their partners in CHSC efforts.  
Visit OPCE online at: [www.nyopce.com](http://www.nyopce.com)

Clinton County Health Department  
Capital Roots  
Glens Falls Hospital  
North County Healthy Heart Network, Inc.  
Research Foundation for SUNY Cobleskill  
Seton Health Foundation

Cornell Cooperative Extension of Sullivan County  
Nepperhan Community Center, Inc.  
County of Orange  
Rockland County Department of Health  
Western Suffolk BOCES\*

\* Organization has multiple grants  
<sup>^</sup> JSI is one of the 26 grantees



## Promoting Health in Our Communities

### Certified Healthy Corner Stores



To become certified, corner stores must choose three of the six categories to implement:

1. Increase stock of bottled water and 100% juice
2. Increase stock of low-fat dairy
3. Increase whole grain options
4. Low Sodium products
5. Offer fresh fruits and vegetables
6. Create a Healthy Choices Here Display

Currently CHSC has five Certified Healthy Corner Stores in Cattaraugus County:

- Thirsty's Pizzeria & More, Collins- pictured above
- Summit St. Market, Little Valley
- Lil's Deli, Machias
- Lime Lake Deli, Delavan
- Creekside Market, Collins

### Libraries: A Multi-case Example

Libraries are important cornerstones to every community. In addition to providing information and resources, libraries link the community and provide free gathering spaces. In exchange for a Healthy Meeting Policy and/or Healthy Vending Policy, Libraries were provided with three Toddler Bags. Each bag is unique and filled with activities like hopscotch mats, activity cones, jump ropes, MyPlate placemats, yoga books, sorting veggies, flash cards, recipe books, and other educational materials. CHSC is currently partnered with six of the nine Libraries within the CHSC districts:

- Collins Library, Collins, NY
- Salamanca Public Library, Salamanca
- King Memorial Library, Machias
- Delavan Library, Delavan
- Blount Library, Franklinville
- Gowanda Free Library, Gowanda



### Healthy Work Sites



Work Site Wellness programs have been proven to:

- Reduce Absenteeism
- Reduce Turnover
- Increase Productivity
- Increase Morale

Work Site Wellness Options:

- Healthy Vending Policies
- Healthy Meeting Policies
- Physical Activity Policies

Currently CHSC has eight Healthy Worksites in Cattaraugus County:

- Navient Credit Recovery
- Cattaraugus Community Action
- Universal Primary Care (four locations)
- Healthy Community Alliance
- YMCA (four locations)
- Tri-County Family Medicine
- Salamanca Youth Bureau
- Cattaraugus Wyoming Project Head Start (multiple locations)

### Other Notable Partnerships

Noteworthy partnerships also include a Food pantry, adopting a Healthy Donation and Solicitation policy, Allegany Soccer, Inc. approving a healthy concession policy and Randolph's Healthy Festival Policy requiring bottled water to be served by all vendors, smaller or try me portion sizes, whole wheat options and size caps on fountain beverages.



To learn more about our work, visit

<https://healthycattaraugus.org/>

or email

[connorsk@hcanetwork.org](mailto:connorsk@hcanetwork.org)

Follow us on Facebook at

[@creatinghealthyschoolsandcommunitiesincattaraugus](https://www.facebook.com/creatinghealthyschoolsandcommunitiesincattaraugus)





## Influenza Vaccine Components

### 2017-2018 Influenza Vaccine Components

A/Michigan/45/2015 (H1N1)pdm09-like virus

A/Hong Kong/4801/2014 (H3N2)-like virus

B/Brisbane/60/2008-like virus (Victoria lineage)

B/Phuket/3073/2013-like virus (Yamagata lineage)

### 2018-2019 Influenza Vaccine Components

A/Michigan/45/2015 (H1N1)pdm09-like virus

A/Singapore/INFIMH-16-0019/2016 (H3N2)-like virus

B/Colorado/06/2017-like virus (B/Victoria lineage)

B/Phuket/3073/2013-like virus (Yamagata lineage)

# Influenza Vaccination Clinics

## Fall 2018

Date	Time	Municipality	Location	Confirmed
Thursday, September 27	1:00-4:00	Carrollton	Limestone Community Center 616 Main St	yes
Tuesday, October 2	9:30-11:30	CLOSED CLINIC	Underwood Manor	yes
Wednesday, October 3	11:00-4:00	Olean	JCC Olean Campus	yes
Thursday, October 4	12:00-6:00	St. Bonaventure	SBU	???
Friday, October 5	8:00-11:30 Olean 2:00-3:30 Allegany	CLOSED CLINIC	Rehabilitation Center Olean & Allegany Buildings	yes
Tuesday, October 9	9:00-1:00	Allegany	Allegany Senior Center	yes
Wednesday, October 10	1:00-4:00	CLOSED CLINIC Olean Employee Clinic	Olean County Building	yes
Wednesday, October 10	2:00-6:00	Franklinville VFD	Franklinville	yes
Thursday, October 11	2:00-6:00	Cattaraugus	Cattaraugus Ambulance	yes
Friday, October 12	9:00-11:00	CLOSED CLINIC	Eden Heights	yes
Tuesday, October 16	2:00-6:00	Randolph	Randolph Municipal Building	yes
Wednesday, October 17	2:00-6:00	Salamanca	Health Department 69 Iroquois Drive	yes
Thursday, October 18	9:00-1:00	Olean	John Ash Community Center	yes
Tuesday, October 23	2:00-6:00	Little Valley	American Legion	yes
Wednesday, October 24	1:00-4:00	CLOSED CLINIC Little Valley Employee Clinic	Little Valley County Building	Yes



